## Atal Bihari Vajpayee Vishwavidyalaya, Bilaspur (C.G.)



# Scheme and Syllabus Of

M. A. (Psychology)
Program Code: MAPSYR123

Semester system for affiliated college (As per LOCF and credit system)

w.e.f. 2024-2025

(As approved AC and EC meeting held on 16.08.2023 and 18.04.2023 respectively)



अटल बिहारी वाजपेयी विश्वविद्यालय, बिलासपुर (छत्तीसगढ़) कोनी पुलिस थाना के सामने, बिलासपुर—रतनपुर मार्ग, कोनी जिला— बिलासपुर (छ.ग.) 495009, फोन : 07752—220031, फैक्स 07752—260294, ई—मेल : registrar@bilaspuruniversity.ac.in website: www.bilaspuruniversity.ac.in

> Scheme of MA Psychology under Semester System Program code - MAPSYR123

Semester	Course	Subject name	Credit		Total	Marks					
Third		y papers (Two)					· · · · · · · · · · · · · · · · · · ·			3,	
	PSYT301	Personality and Indigenous Psychology	3	-	1	. 4	80	20	100	36 🚁	
	PSYT302	Psychological Assessment-I	3	-	1	4	80	20	100	36	
	Optional Papers- two Papers from any one of the three groups										
	Group A-P	sychology of Management						7			
	PSYT303	Organisational Behaviour-I	3	-	1	4	80	20	100	36	
	PSYT304	Human Resource Development and Management-I	3	-	1	4	80	20	100	36	
	Group B-Pa	sychology of Education									
	PSYT305	Educational and Industrial Psychology-I	3	- <sup>-</sup>	,1	4	80	20	100	36	
	PSYT306	Basic of psychological Guidance and counselling-I	3	-	1	4	80	20	100	36	
	Group C-Clinical Psychology										
	PSYT307	Clinical Diagnosis-I	3	-	1	4	80	20	100	36	
	PSYT308	T308 Psychotherapeutic Counselling-I		-	1	4	80	20	100	36	
	PSYP301	Practicum	-	4	-	4	100	<b>-</b>	100	33	
<del></del>		Sub Total	12	4	4	20	<b>-</b>	<u> </u>	500	-	
Fourth	Compulsory papers (Two)										
- 9 IVI VII	PSYT401	Life Span Development	3	1 - <del></del>	i	4	80	20	100	36	
	PSYT402	Psychological Assessment-II	3	-	1	4	80	20	100	36	
	Optional Papers- two Papers from any one of the three groups										
	Group A-Psychology of Management										
•	PSYT403	Organizational Behaviour-II	3	-	1	4	80	20	100	36	
	PSYT404	Human Resource Development and Management-II	3	-	1	4	80	20	100	36	
	Group B-Psychology of Education										
	PSYT405	Educational and Industrial Psychology-II	3		1	4.	80	20	100	36	
	PSYT406	3	-	1	4	80	20	100	36		
,	Group C-C	counselling-II linical Psychology	<del></del>	·	1		1.	l			
	PSYT407	Clinical Diagnosis and community mental health-II	3	-	1	4	80	20	100	36	
	PSYT408	Psychotherapeutic Counselling-II	3	-	1	4	80	20	100	36	
	PSYP401	Practicum	-	4	-	4	100	<b>†</b> -	100	33	
		Sub Total	12	4	4	20		-	500	-	
		Total	48	16	16	80	1 -	-	2000	-	



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	Part A: Introduction					
Program; M.A.		Semester: III Year: Sec	cond Year   w.e.f.:2024-2025			
1	Course Code	PSYT301	(Compulsory)			
2	Course Title	PERSONALITY AND IND	IGENOUS PSYCHOLOGY –I			
3	Course Type	T	heory			
4	Pre-requisite (if any)	-				
5	Course Learning. Outcomes (CLO)	<ul> <li>At the end of this course, the students will be able to:</li> <li>Acquire important knowledge about various theories of personality</li> <li>Develop an understanding of basic concept process technique counselling.</li> <li>Understand the force and factor that shape personality</li> <li>Comprehend different perspective of personality</li> <li>Student understand modern approach to personality</li> </ul>				
6	Credit Value	04				
7	Total Marks	Internal Marks: 20 External Marks: 80	Min Passing Marks:36			

	Part B: Content of the Course				
Unit	Topics	Total Hours			
I	Personality Meaning, Perspectives & Measurement of Personality Concept of mature Personality. Personality Theory-Problems & Procedures.	12			
П	Psychodynamic perspective Freud, Erikson, Adler- theory of personality -the structure, dynamics and development of Personality and the Research Methods used.	12			
III	Trait approach Allport, Cattle and Eysenck-theory of personality. The structure dynamic, development of Personality the Research Methods.	12			
IV	Cognitive, Behavioural and Humanistic approach Kelly, Bandura and Roger's theory of Personality, Structure, dynamics and development of Personality & the Research Methods	12			
V	Indigenous concept and Models of Personality Yogic, Sankhya Current Researches in the field of Personality.	12			



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### Part C - Learning Resource

Text Books, Reference Books, E-Resources

#### Text Books & Reference Books:

- 1. Liebert, RM. & Spiegler, M.P. (1993): Person aligy: Strategies & issues, P.C. California Books Cole Pub Co.
- 2. Hall, C.S. & Lindsey, G. (1996). Theories of Personality N.Y. J. Wiley & Sons.
- 3. Pervin, LA. (1975). Psychology of personality readings in theory, Chigos. Rand Menznally College Lab.
- 4. Sinha, U.N. (1969). Indian Psychology, Calcutta.
- 5. Mukhopadhyay, S. N. (1995). Saraswati Yoga Darshan Munger: Bihar School of Yoga.

#### **E-Resources:**

- 1. <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a>
- 2. https://ndl.iitkgp.ac.in/homestudy/humanities
- 3. https://egyankosh.ac.in/handle/123456789/4448

	Name	College Name	Signature
1.	Dr. AwantikaKaushil Chairperson	Govt. E.V.P.G. College, Korba	
2.	Dr. Manjary Sharma Member	Govt. Bilasa Girls' P.G. (Auto.), College, Bilaspur	
3.	Dr. Lalita Sahu Member	Govt. Mata Sabri Naveen Girls' P.G. College, Bilaspur	
4.	Dr. Balraj Motwani Member	D.P.Vípra College, Bilaspur	
5.	Dr. Suchi Choudhari Member	D.P.Vipra College, Bilaspur	



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	Part A: Introduction					
Program: M.A.		Semester: III Year:S	econd Year x	v.e.f.: <b>2024-202\$</b>		
1.	Course Code	PSYT302 (PAP	ERII) (COMPU	JLSORY)		
2.	Course Title	PSYCHOLOG	CAL ASSESSI	MENT –1		
3.	Course Type		Theory	The second secon		
4.	Pre-requisite (If any)	-				
5,	Course Learning. Outcomes (CLO)	<ul> <li>At the end of this course, the</li> <li>Develop Skill and compstandardisation.</li> <li>Demonstrate knowledge assess personality abilitused in clinical settings</li> <li>Develop a research plan</li> <li>Critically access inform and mental processes and conclusions and argume</li> <li>Use technology for studiassessment, and Counse</li> </ul>	of major Psycher; aptitude and he that is ethically ation related to the duse the critical ats.	onstruction - and ological tests usedto low this information is sound and to execute it. he; study ofbehaviour lassessmentinfarming.		
6.	Credit Value	04				
7.	Total Marks	Internal Marks: 20 External Marks: 80	Min Passi	ing Marks:36		

Unit	Topics	Total Hours
Ĭ	Unit-I Nature of Psychological Assessment, Differences between Physical & psychological assessment. Problems in Psychological Assessment. Levels of Assessment.	12
II	Scaling Uni-dimensional and Multidimensional. Scale construction techniques, Difference among tests, scales, questionnaire and schedule. Characteristics of a good psychometric test. Difference between psychometric and projective technique.	12



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Ш	Construction of Psychometric tools: Steps in test Construction, item writing pre try out, item difficulty level discrimination power, psychological test types of psychological test.	12
IV	Standardization process of psychometric tools test: Reliability: Concept, type, methods of determining reliability, validity: Concept, type, methods to determine validity factor affecting reliability and validity. Norms Types, Uses and Method to determine Various types of norms	
V	<ul> <li>(a) Adaptation of tests.</li> <li>(b) Test taking Response Styles: Social desirability.</li> <li>Acquiescence" and Faking.</li> <li>(c) Psychological testing in Applied Field of Life: Diagnosis,</li> <li>Psychotherapy. Education, Occupations and Organizations.</li> </ul>	12

Part	C -	L	earning	Res	ource	

Text Books, Reference Books, E-Resources

#### **Text Books & Reference Books:**

- Anastasi, A. (1988) Psychological Testing ordon: Mc Millan Publishing Co. Olgwback.
   LJ. Essentials of Psychological Testing
- 2. Rreeman, F. (1989). Theory and Practice of Psychological Testing.
- 3. Gheselli, H. (1997). Theory of Psychological Measurement New Delhi Tata Mc Graw Hill Publication.
- 4. Guilford, J.P. (1998). Psychometric Methods. New Delhi Tata Mc Graw Hill.
- Nunally, J.C. (1999). Introduction to Psychological Measurement, Tokyo PAPER- XII Mc Graw Hill.
- 6. Nunally, J.C. (2000). Psychometric Theory, New Delhi: Tata McGraw Hill Publishing Co.

#### **E-Resources:**

- 1. https://epgp.inflibnet.ac.in/Home
- 2. <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a>
- 3. https://egyankosh.ac.in/handle/123456789/4448

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Members of Board of Studies					
	Name	College Name	Signature		
1.	Dr. Awantika Kaushil	Govt. E.V.P.G. College, Korba	-		
	Chairperson				
2.	Dr. Manjary Sharma	Govt. Bilasa Girls' P.G. (Auto.), College, Bilaspur			
	Member				
3,	Dr. Lalita Sahu	Govt. Mata Sabri Naveen Girls' P.G. College, Bilaspur			
	Member				
4.	Dr. Balraj Motwani	D.P.Vipra College, Bilaspur	· .		
	Member				
5.	Dr. Suchi Choudhari	D.P.Vipra College, Bilaspur			
	Member				



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	Part A: Introduction						
Pro	ogram: M.A.	Semester: III Year: Second Year w.e.f.: 2024-2025					
1.	Course Code	PSYT303 (PAPERI) (optional) Group A					
2.	Course Title	ORGANIZATIONAL BEHAVIOUR					
3.	Course Type	Theory					
4.	Pre-requisite (If any)	_					
5.	Course Learning. Outcomes (CLO)	<ul> <li>At the end of this course, the students will be able to:</li> <li>To orient the student towards understanding of individual and organization process in organizational setup.</li> <li>To develop training and testing skills in the student.</li> <li>To help the student know the relevance of, emerging research areas.</li> <li>Explain overall organizational processes and analyze them.</li> <li>Demonstrate skills to work on different processes of the organization.</li> <li>Recognize the importance of positive work environment and acquire skill to develop it.</li> </ul>					
6. 7.	Credit Value Total Marks	O4   Internal Marks: 20   Min Passing Marks: 36   External Marks: 80					

Part B: Content of the Course					
Unit	Topics	Total Hours			
1	Introduction organization behaviour-scope and concept	12			
11	Psychological Processes. Learning. Perceptions and Motivation Definition, Theories and application.	12			
III	Leadership and Supervision: Concept, Factors influencing leadership role, Essentials of Leadership, Leadership Styles, Supervision and patterns of supervision	12			
IV	OrganizationalDynamics:OrganizationalPower&Politics. Organizational Conflict, Conflict Management, Union Management interface	12			
V	Decision Making: Concepts, Decision Making process, types of decisions factors influencing decision making; Management decision techniques	12			



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### Part C - Learning Resource

Text Books, Reference Books, E-Resources

### Text Books & Reference Books:

- 1. Udal Paresk Organizational earning R. Gibson (1997) Rethink the future londonnicolas Brealey publishing.
- 2. Luthans Fred Organizational Behaviour(1995) Mcgraw hill international Edition
- 3. Stedibus P Robbins organizational behaviour (9th edition) (2000) Prente al India, New Del 110001
- 4. Jerald Greenbery, Robert, Aaburon: Behaviour in organization (1999) Prentie Hall of India. New Delhi 110001.

#### E-Resources:

- 1. https://epgp.inflibnet.ac.in/Home
- 2. https://ndl.iifkgp.ac.in/homestudy/humanities
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	Member	

Signature



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Part A: Introduction						
Pro	ogram: M.A.		Semester: III	Year:Secon	d Year	w.e.f.:2023-2025
1.	Course Code		PSY304	(PAPERII)	(Option	al) Group A
2.	Course Title	HUN	IAN RESOURC	E DEVELO	PMENT	'AND MANAGEMENT-I
3.	Course Type		**************************************	The	eory	
4.	Pre-requisite (if any)	and the same of th			<u> </u>	
5.	Course Learning. Outcomes (CLO)		Demonstrate s organization. Recognize the acquire skill to To understand organizational To introduce a into the organi effectiveness. To develop and	l organization kills to work a importance of develop it, the concepts, Behaviour an applied behavization toword understanding	nal proce and on di f positive nature a id positive our Scient I the goal	I be able to: ss and analyze them. ifferent processes of the work environment and and principles of re organizational behaviour. ace principles and practices of improving organization of ivation Leadership e organizational Behaviour
6. 7.	Credit Value	04	135 5 00			
/•	Total Marks		rnal Marks: 20 ernal Marks: 80		Min Pa	ussing Marks:36

Part B: Content of the Course					
Unit	Topics	Total Hours			
I	Assumption about HRM, Structure and role of HRM. The Indian contest of HRM, Models of HRM. Current and future challenges of HRM.	12			
П	Human resource planning: Steps and stages in manpower planning. Structure of manpower planning HRD in India.	12			
Ш	Job analysis and job design. Recruitment and selection	12			
IV	Training and development: Nature of training and development, importance of Training and development. How to make training effective	12			
V	Performance appraisal, factor distorting appraisal and how to improve appraisal, types of appraisals	12			



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### Part C - Learning Resource

Text Books, Reference Books, E-Resources

#### **Text Books & Reference Books:**

- 1. Human resource management Acontemporary, perspective board well & holden
- 2. Personal human resource management DA. center &S.P robbins
- 3. Designing and management human resource system U Prateek & T V rao.
- 4. Human resource management fisher scheenfeldt and show.

#### E-Resources:

- 1. <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a>
- 2. <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a>
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5.	Dr. Suchi Choudhari Member	D.P.Vipra College, Bilaspur	,



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	Part A: Introduction					
Pro	ogram:M.A.	Semester: III Year: Sec	ond year w.e.f.:2024 25			
1.	Course Code	PSYT305 (PAPERI)	(OPTIONAL) Group B			
2.	Course Title	EDUCATIONAL INSTR	UCTION PSYCHOLOGY I			
3.	Course Type	Th	eory			
4.	Pre-requisite (if any)		-			
5.	Course Learning. Outcomes (CLO)	<ul> <li>Understand the way that edlearn and strive for exceller</li> <li>Explore ways that educator to maximize learning and s</li> <li>Describe the developmental children.</li> <li>Describe the challenges prechildren.</li> <li>Explain the role of motivation behaviour.</li> <li>Describe classroom manage</li> </ul>	etween education and Psychology. ducators motivate the students to nce.  It is manage the learning environment ocial cohesion.  It issues faced by school age esented by with ability differences ion on Learning classroom			
6.		04	1-2-2-2-2-2-2-2-2-2-2-2-2-2-2-2-2-2-2-2			
7.	Total Marks	Internal Marks: 20 External Marks: 80	Min Passing Marks:36			

Part B: Content of the Course					
Unit	Topics	Total Hours			
I	Conceptual and theoretical perspectives in Educational Psychology. Theories, Behaviouristic, Social learning and Piaget and their application in teaching.				
Π	Information processing Models, Instructional Models, Programmed learning concept, Characteristics and models.	12			
Ш	Human diversity and education. Learning styles: Nature, approaches to learning style, measurement of learning styles, attempt to modify learning styles.	12			
IV	Individual and group differences in intelligence. Theories of intelligence, Gender differences issues in the classroom	12			
V	Learning and plivation, study habit, importance. Levels of Learning.	12			



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#### Part C - Learning Resource

Text Books, Reference Books, E-Resources

#### **Text Books & Reference Books:**

- 1. De Setco UP & Croford, WR. The Psychology of Learning and Instruction, New Delhi.
  Prentice Hall
- 2. Ells,R.S. (1978). Educational Psychology, A Problem approaches affiliated, New Delhi, ease West Press.
- 3. Bruce, D. & Marshell, M.(1980). Models of Teaching (2ndEd),
- 4. Travers, JF. Educational Psychology (2<sup>nd</sup> Ed.)1979.
- 5. SWISLAE 995) Educational Psychology (6th Ed.) Allya & Bacon, Londan/Bostan.
- 6. Gage N.L & Beiner (1998) Education of Psychology (6th Ed.), Hought Miffir, New Yark

#### E-Resources:

- 1. <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a>
- 2. https://ndl.iitkgp.ac.in/homestudy/humanities
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	Part A: Introduction					
Pro	ogram: M.A.		Semester: III	Year: Seco	nd year	w.e.f.:2024-2025
1.	Course Code		PSYT306	(PAPERII) (	OPTIO	NAL) Group B
2.	Course Title	BAS	IC OF PSYCHO	LOGY GUII	DANCE	AND COUNSELLING - I
3.	Course Type			The	eory	The second secon
4.	Pre-requisite (if any)		(	iraduation in	any disc	ipline
5.	CourseLearning. Outcomes (CLO)		<ul> <li>At the end of this course, the students will be able to:</li> <li>Understand academic emotional behavioural difficulties of children and adolescents.</li> <li>To acquaints students with Counselling, needs in marriage, workplace among elderly</li> <li>To highlight Counselling for people with addiction issues, attempted suicide disabilities and trauma</li> <li>To delineate the theories of Cancer development and technological advance in Counselling</li> </ul>			
6.	Credit Value	04		·		
7.	Total Marks	1	ernal Marks: 20 ernal Marks: 80		Min Pa	assing Marks:36

	Part B: Content of the Course				
Unit	Topics	Total Hours			
Ι	Nature, Need and Functions of Guidance. Principles of Guidance.	12			
II	Techniques of Appraising the client: Non-Standardized Methods Anecdotal Record, Auto biography, Case study, Sociometric, Observation, Rating scale, Questionnaire,	12			
Ш	Techniques of Appraising the client Standardized Methods Intelligence, Personality Aptitude, Interest, Achievement.	12			
IV	Organization of a guidance programme Relevance of Guidance under 10+2+3 educational pattern.	12			
V	Special areas of Guidance Vocational Guidance. Educational Guidance, personal Guidance Problems of Guidance in India	12			



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#### Part C - Learning Resource

Text Books, Reference Books, E-Resources

#### Text Books & Reference Books:

- 1. Anastasi, B. & Bewis, E.C. (1970). Counselling Psychology, New York. Holt Rinehart and Winster, Inc.
- 2. Harson, J.C.(1978). Counselling Processes and Procedures. New York, McMillan Publishing Co. Inc.
- 3. Narayan, B.S. (1981). Counselling Psychology New Delhi, Tata McGraw Hill
- 4. Kemp, C. (1970). Foundations of group counseling. New York, McGraw Hill.
- 5. Steffler, B.(1965). Theories of counselling, New York: McGraw Hill Book Co.
- 6. Warters, J. (1964). Techniques of counselling New York, McGraw Hill Book Co.
- 7. Rappaport, D. Gill, M.M. & Schafer, R. (1968) Diagnostic Psychological testing. (Revised edition, edited by Holt, RIR) New York, International Universities Press.
- 8. Anastasi, Z.(1992). Psychological Testing (Seven th Ed.) New York, McMillan.

#### E-Resources:

- 1. https://epgp.inflibnet.ac.in/Home
- 2. https://ndl.iitkgp.ac.in/homestudy/humanities
- 3. https://egyankosh.ac.in/handle/123456789/4448

#### Members of Board of Studies

	Name	College Name	Signature
1.	Dr. Awantika Kaushil Chairperson	Govt. E.V.P.G. College, Korba	
2.	Dr. Manjary Sharma Member	Govt, Bilasa Girls' P.G. (Auto.), College, Bilaspur	
3.	Dr. Lalita Sahu Member	Govt. Mata Sabri Naveen Girls' P.G. College, Bilaspur	
4.	Dr. Balraj Motwani Member	D.P.Vipra College, Bilaspur	
5.	Dr. Suchi Choudhari Member	D.P.Vipra College, Bilaspur	

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	Part A: Introduction						
Pro	ogram: M.A.	Semester: III	Year:Second year   w.e.f.:2024/2025				
1.	Course Code	PSYT307 (PA	PER I) (OPTIONAL) Group C				
2,	Course Title	CLIN	IICAL DIAGNOSIS –I				
3.	Course Type		Theory				
4.	Pre-requisite (If any)	_					
5.	Course Learning. Outcomes (CLO)	<ul> <li>At the end of this course, the students will be able to:</li> <li>Understand the etiological understanding and therapeutic interventions for the various psychological disorders.</li> <li>Understand how to deal with moderate to Severe psychopathology.</li> <li>Understand the Classification of Disease</li> </ul>					
6.	Credit Value	04					
7.	Total Marks	Internal Marks: 20 External Marks: 80	Min Passing Marks:36				

Part B: Content of the Course					
Unit	Topics	Total Hours			
I	History and current trends. Current trends. Growth of the branch: Growth in numbers, differentiation. Professionals spiral of growth. Growth in India.	12			
II	Approach of clinical psychology: Psychodynamic, Behaviouristic, Humanistic, Cognitive and socio-cultural.	12			
III	Clinical diagnosis: Symptomatic vs dynamic. Symptomatic diagnosis: ICD-10, DSM-IV (R).	12			
IV	Dynamic diagnosis: Observation, Case history, and Interview.	12			
V	Impressionistic approach of diagnosis: Informal assessment, source of error sin impression formation, Importance of Psychometric approach.	12			



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### Part C - Learning Resource

Text Books, Reference Books, E-Resources

### **Text Books & Reference Books:**

- 1. Isogpe, I., Block, B.L., & Spielbergen, CID. (1977). Community psychology: Perspectives in training and research. NY: Appleton,.
- 2. Mann, A.P.(1978). Community Psychology: Concepts and applications: Free Pres.
- 3. Bangport, I. (1977). Community Psychology Values, Research and action. NY: Holt Rinehart.
- 4. Korchin S. (1978). Modern Clinical Psychology: Harper and Row.
- 5. Wolman, B.B. (1972). Handbook of Clinical Psychology, McGraw Hills.

#### E-Resources:

- 1. https://epgp.inflibnet.ac.in/Home
- 2. https://ndl.iitkgp.ac.in/homestudy/humanities
- 3. https://egyankosh.ac.in/handle/123456789/4448

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1.	Dr. Awantika Kaushil Chairperson	Govt. E.V.P.G. College, Korba		
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3.	Dr. Lalita Sahu Member	Goyt. Mata Sabrí Naveen Girls' P.G. College, Bilaspur		
4.	Dr. Balraj Motwani Member	D.P.Vipra College, Bilaspur		
5.	Dr. Suchi Choudhari Member	D.P.Vipra College, Bilaspur		



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		Part A: Introduction	
Pro	ogram: M.A.	Semester: III Year: Second Year w.e.f.:2022-2025	
1.	Course Code	PSYT308 (PAPER II) (OPTIONAL) Group C	
2.	Course Title	PSYCHOTHERAPEUTIC COUNSELLING – I	
3.	Course Type	Theory	
4.	Pre-requisite (if any)	-	
5.	Course Learning. Outcomes (CLO)	<ul> <li>At the end of this course, the students will be able to:</li> <li>Understand academic emotional behavioural difficulties of children and adolescents.</li> <li>To acquaints students with Counselling needs in marriage, workplace, and elderly</li> <li>To highlight Counselling for people with addiction issues, attempted suicide disabilities and trauma.</li> <li>To delineate the theories of career development and technological advance - in Counselling.</li> </ul>	
6.	Credit Value	04	
7.	Total Marks	Internal Marks: 20 Min Passing Marks: 36 External Marks: 80	

	Part B: Content of the Course			
Unit	Topics	Total Hours		
I	Psychotherapeutic Counselling: Psychoanalytic Technique, Behavioural. Technique, Client centered technique, Community interventions and Group therapeutic techniques.			
II	Methods for Altering Maladaptive Behavioural Deficits Shyness, delinquency, depression, speech and sexual dysfunctions	12		
Ш	Methods for altering maladaptive behavioural excesses: Excessive smoking, alcoholism, drug addiction and temper outburst, physical aggression.	12		
IV	Methods of altering inappropriate behaviour: Marital mal adjustment, child misbehaviour, homosexuality, and Exhibition	12		
V	Methods for altering fears and anxiety and treating psychophysiological disorders test-anxiety, generalized anxiety, Stress, School phobia, snake phobia, combination of fear, CHD asthma and peptic ulcer	12		



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#### Part C - Learning Resource

Text Books, Reference Books, E-Resources

#### **Text Books & Reference Books:**

- 1. Carson, P.& Butcher, A. (1987). Abnormal Psychology and modem life.
- 2. Wolpe, R. & Dryden, W. (1996). Handbook of counselling psychology, New Delhi.
- 3. Wodberg, L.R. (1998). The Techniques Psychotherapy, Barcour Brace Groune and stration.
- 4. Toukimarian, S.G. Rennie D.C. (1992). Psychotherapy Process and Research, Sage
- 5. Gelso, C.J. and Fretz, B.R.(1995). Counselling Psychology, Bangalore, Prism Books Ltd.
- 6. Abate, L. & Milan, M.A. (ed.) (1985). Handbook of social skill training & Research, New York: John Wiley & Sons.
- 7. Gorey,G.(1986). Theory and Practices of Counselling and Psychotherapy. Montery California, books coley publishing.
- 8. Adelson, D. & Kalis, B.L.(1970). Community Psychology and Mental Health, Perspectives Seanto.
- 9. Mann, AP. (1978). Community Psychology: Concepts and applications, Free Press,
- 10. Iscoe, Block, B. L.& Spielberger, C.D. (eds.) (1977). Community Psychology. Perspectives in training and research N.Y.: Appleton.

#### **E-Resources:**

- 1. https://epgp.inflibnet.ac.in/Home
- 2. https://ndl.iitkgp.ac.in/homestudy/humanities
- 3. https://egyankosh.ac.in/handle/123456789/4448

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3,	Dr. Laiita Sahu Member	Govt. Mata Sabri Naveen Girls' P.G. College, Bilaspur	
4.	Dr. Balraj Motwani Member	D.P.Vipra College, Bilaspur	
5.	Dr. Suchi Choudhari Member	D.P.Vipra College, Bilaspur	



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	Part A: Introduction				
Pro	ogram: M.A.	Semester: III Year: Second Year w.e.f.: 2024-20245			
1.	Course Code	PSYP301			
2.	Course Title	Practicum			
3.	Course Type	Practical (Compulsory)			
4.	Pre-requisite (If any)	-			
5.	Course Learning. Outcomes (CLO)	<ul> <li>At the end of this course, the students will be able to:</li> <li>Know about the profile of basic experiments and instruments in Psychology.</li> <li>Able to independently administer the instruments for testing pear purpose.</li> <li>Able to know basics of psychological testing</li> <li>To assess human abilities.</li> <li>They will be able to understand and evaluate behaviour analysis.</li> </ul>			
6.	Credit Value	04			
7.	Total Marks	External Marks: 100 Min Passing Marks:33			

	Part B: Content of the Course				
Unit	Topics	Total Hours			
	List of practical:(Any five experiment and one case study)  Experiment: -	12			
	<ol> <li>Effect of social support on conformity</li> <li>Attribution of achievement outcome</li> </ol>				
	3. Level of aspiration as a function of success or failure				
	<ul><li>4. Effect of group on individual judgement</li><li>5. Bendar gestalt test</li></ul>				
	6. Personality Test				
	7. Anxiety test				
	8. Test of Depression				



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### Part C - Learning Resource

Text Books, Reference Books, E-Resources

### Text Books:

1- त्रिपाठी, ला.ब. एवं अन्य (2001). आधुनिकप्रायोगिकमनोविज्ञान। आगरा:हरप्रसाद भार्गव।

### E-Resources:

- 1. https://epgp.inflibnet.ac.in/Home
- 2. https://ndl.iitkgp.ac.in/homestudy/humanities
- 3. https://egyankosh.ac.in/handle/123456789/4448

	Name	College Name	Signature
1.	Dr. Awantika Kaushil Chairperson	Govt. E.V.P.G. College, Korba	NA or Jan
2.	Dr. Manjary Sharma Member	Govt. Bilasa Gîrls' P.G. (Auto.), College, Bilaspur	1000
3.	Dr. Lalita Sahu Member	Govt. Mata Sabri Naveen Girls' P.G. College, Bilaspur	Look
4.	Dr. Balraj Motwani Member	D.P.Vipra College, Bilaspur	
5.	Dr. Suchi Choudhari Member	D.P.Vipra College, Bilaspur	



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	Part A: Introduction				
Program: M.A.		Semester: IV	Year:Secon	d Year   w.	e.f.: <b>2024</b> 2025
1.	Course Code	PSYT40	01 (PAPERI)	(COMPUI	LSORY)
2.	Course Title	LF	E SPAN DEV	/ELOPME	NT
3.	Course Type	The state of the s	Theo	ry	
4.	Pre-requisite (If any)	- ,			
5.	Course Learning. Outcomes (CLO)	<ul> <li>At the end of this course, the students will be able to:</li> <li>Apply the relevant-qualitative and quantitative research methods while. carrying out research or project works.</li> <li>Handson experience of carving out Counselling sessions and confidently using the techniques. while dealing with the clients.</li> <li>Comprehensiveunderstandingof the biological basis of Human behavior.</li> <li>Through knowledge about psychology among, among children, adolescents and adults.</li> <li>Improved skills of human resources development, and management.</li> </ul>		tative research methods orks. selling sessions and ealing with the clients. gical basis of Human nong. among children,	
6. 7.	Credit Value Total Marks	04 Internal Marks: 20		Min Paccir	ng Marks:36
,	A Greek Table 189	External Marks: 80		14111H 1 <b>4</b> 5511	iğ ivlai kə.əv

Part B; Content of the Course			
Unit	Topics	Total Hours	
I	Scope, Nature and Principles of development, Factors influencing development: Heredity, Environment, Motivation and Learning.	12	
II	Methods; Cross-sectional, longitudinal approach) Research strategies: Correlational, Experimental and other sequential techniques. The Developmental tasks and theories of Development	12	
Ш	How life begins. Infancy, babyhood and childhood. The Characteristics. adjustment, hazards and Personality Development.	12	
IV	Adolescence and Adulthood. Characteristics, Physical, Social and Cognitive development psychosocial Changes and adjustment.	12	
V	Middle and Old age, Characteristics, problems. personal social and vacation adjustment.	12	



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website: www.bilaspuruniversity.ac.in

#### Part C - Learning Resource

Text Books, Reference Books, E-Resources

#### Text Books & Reference Books:

- 1. Baltes, PB & BrimO.G.(1978):Life span development behaviour, N.Y. Academic Press.
- 2. Thomas, M. R.(2000). Recent theories of Human Development, thousand Oaks: sage Publication.
- 3. Zanden, J.W. & Vander (1997). Human Development (7 th Ed.) New York: McGraw Hill,
- 4. Elizabeth B. Hurlock (1977): Development Psychology. A life span approach, (5thEd.)
- 5. Jere E. Brothy & Sherry L. Willis (1981): Human Development and Behaviour, St. Maitins Press, NY.

#### E-Resources:

- 1. https://epgp.inflibnet.ac.in/Home
- 2. https://ndl.iitkgp.ac.in/homestudy/humanities
- 3. https://egyankosh.ac.in/handle/123456789/4448

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1	Dr. Awantika Kaushil Chairperson	Govt. E.V.P.G. College, Korba	
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3.	Dr. Lalita Sahu Member	Govt. Mata Sabri Naveen Girls' P.G. College, Bilaspur	
4.	Dr. Balraj Motwani Member	D.P.Vipra College, Bilaspur	
5.	Dr. Suchi Choudhari Member	D.P.Vipra College, Bilaspur	



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		Part A:Introduction			
Pro	ogram: M.A.	Semester: IV Year: Sec	cond Year w.e.f.:2024-2025		
1.	Course Code	PSYT402 (PAPER	II) (COMPULSORY)		
2.	Course Title	PSYCHOLOGICA	PSYCHOLOGICAL ASSESSMENT -II		
3.	Course Type	Th	ieory		
4.	Pre-requisite (if any)		•		
5.	Course Learning. Outcomes (CLO)	<ul> <li>At the end of this course, the students will be able to:</li> <li>Understand the basic facts about Psychological assessment.</li> <li>Understand the processes of test construction and standardization.</li> <li>Understand about the assessment of different types of Skills and</li> <li>abilities.</li> <li>Understand the various psychological assessment techniques.</li> </ul>			
6.	Credit Value	04			
7.	Total Marks	Internal Marks: 20 External Marks: 80	Min Passing Marks:36		

	Part B: Content of the Course	
Unit	Topics	Total Hours
I	Concept and Measurement of Intelligence, Major Tests of Intelligence developed under Western and Indian Cultural set up.	12
II	Concept and Measurement of Aptitude; Major Test of Aptitude developed under Western and Indian Cultural set up. Achievement; concept and measurement of Achievement Test; Major Test of Achievement developed under Indian Cultural set up.	12
Ш	Test of Personality: Projective and Psychometric Approaches, Major Test of Personality, developed under Western and Indian Cultural set up.	12
IV	TestofAdjustment,Values,Interest,StressandAnxiety development under Indian condition.	12
V	Psychological Testing in Applied Field: Neuro-Psychological Testing: Objectives and Major Neuropsychological Test Emotional Intelligence: Concept and Major Test of emotional Intelligence developed under western and Indian cultural set up.	12



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### Part C - Learning Resource

Text Books, Reference Books, E-Resources

#### Text Books:

- 1. Anastasi, A. (1988). Psychological Testing London McMillan Publishing Co.
- 2. Crowback, L.J. (1988). Essentials of Psychological Testing.
- 3. FreemanF.(1999). Theory and Practice of Psychological Testing.
- 4. Gheselli, E. (1997). Theory of Psychological Measurement New Delhi Tata McGraw Hill Publication.
- 5. Guilford, J.P. (1999). Psychometric Methods. New Delhi Tata McGraw Hill.
- 6. Nunally, J.C. (1997). Introduction to Psychological Measurement, Tokyo: McGraw Hill.
- 7. Nunally, J.C. (1997). Publishing Co Psychometric Theory, New Delhi: Tata McGraw Hill.

#### ReferenceBooks:

- 1. Psychological Studies-2004, Vol.-49.
- 2. Danial, G. (1995). Emotional Intelligence. New York: Bantham Books.

#### E-Resources:

- 1. https://epgp.inflibnet.ac.in/Home
- 2. <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a>
- 3. https://egyankosh.ac.in/handle/123456789/4448

### Members of Board of Studies

Name

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	Part A: Introduction					
Program: M.A. Semester: IV Year: Second Year w.e.f.:20			w.e.f.:2024-202-5			
1,	Course Code		PSYT403 (PAPERI) (OPTIONAL) Group A		NAL) Group A	
2.	Course Title	ORGANIZATIONAL BEHAVIOUR II				
3.	Course Type			The	eory	
4.	Pre-requisite (if any)	-				
5.	Outcomes (CLO)	<ul> <li>At the end of this course, the students will be able to: <ul> <li>Explain the overall organizational process and analyze them.</li> <li>Demonstrate skills to work and on different processes of the organization.</li> <li>Recognize the importance of a positive work environment and acquire skills to develop it.</li> <li>To understand the concepts, nature and principles of organizational Behavior and positive organizational behavior</li> <li>To introduce applied behavior science. Principles and practices into the organization toward the goal of improving organizations effectiveness.</li> </ul> </li> </ul>				
6. 7.		1	rnal Marks: 20 ernal Marks: 80		Min Pa	assing Marks:36

Part B: Content of the Course				
Unit	nit Topics			
I	Groups: Types of Groups, Processes, Group Culture and Social Influence Team Building	12		
ΊΙ	Communication: Nature, Types, Application of different types of Communication, Role of TA in Communication.	12		
III	Organizationalchange:TypesofChange, Sources of Change, Process Human element in change.	12		
IV	Organizational Development: Concepts, objectives and goals process Behavioural Science approach to organizational development.	12		
V	Marketing: Marketing Research, Nature and function, consumer behaviour, sales promotion strategies.	12		



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### Part C - Learning Resource

Text Books, Reference Books, E-Resources

#### Text Books & Reference Books:

- 1. Udai, P. & Gibson, R. (1997). Organization all earning, Rethink the future. London Nicholas Brealey Publishing.
- 2. Luthans, F. (1995). Organizational Behaviour. McGraw Hill international Edition.
- 3. Stephens, P.R. (9th edition) (2000). Organizational behaviour. Prentic Hall India, New Delhi 110001.
- 4. Jerald, G. & Robert, A. (1999). A buron: Behaviour in organization. Prentie Hall of India. New Delhi 110001.

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Member

	Name	College Name	Signature
1.	Dr. AwantikaKaushil Chairperson	Govt. E.V.P.G. College, Korba	
2.	Dr. Manjary Sharma Member	Govt. Bilasa Girls' P.G. (Auto.), College, Bilaspur	
3.	Dr. Lalita Sahu Member	Govt. Mata Sabri Naveen Girls' P.G. College, Bilaspur	
4.	Dr. Balraj Motwani Member	D.P.Vipra College, Bílaspur	
5	Dr. Suchi ChoudhariD P Vinc	College Rilasnur	



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	Part A: Introduction			
Program: M.A.		Semester; IV	Year: Second Year	w.e.f.:2024-202\$
1.	Course Code	PSYT404 (PA	APERII) (OPTIO	NAL) Group A
2.	Course Title	HUMAN RESOURCE DEVELOPMENT AND MANAGEMENT II		
3.	Course Type		Theory	
4.	Pre-requisite (If any)	-		
5.	Course Learning. Outcomes (CLO)	At the end of this course, the students will be able to:  Understand the main concepts related to human resource management and learn related techniques.  Student gain insight into human behaviour as product of empowerment.		
6.	Credit Value	04		
7.	Total Marks	Internal Marks: 20 External Marks: 80	Min Pa	assing Marks:36

Part B: Content of the Course				
Unit	nit Topics			
I	Job evaluation, Wage and salary administration. Employment incentives.	12		
IJ	Human Resource policies and practices, changing trends in work environment, developing the human resource.	12		
Ш	Maintaining Human Resource: Safety and Health Stress Management, Labour Relations	12		
IV	CollectiveBargaining,Employeeinvolvement,employee communication.	12		
V	Employee counselling, challenges of Human Resource Management.	12		



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### Part C - Learning Resource

Text Books, Reference Books, E-Resources

#### Text Books & Reference Books:

- 1. Human Resource Management. Acontemporary perspective I. Board Well & Holden.
- 2. Personnel Human Resource Management. D.A. centre & S. P. Robbins.
- 3. Designing and Management. Human Resources Systems U. Pareek & T.V. Rao.
- 4. Human Resource Management. Fisher. Scheenfeldt and show.
- 5. Human Research and Personnel Management by Aswathappo. (2002)3edition;Tata McGraw Hill

#### E-Resources:

- 1. https://epgp.inflibnet.ac.in/Home
- 2. https://ndl.iitkgp.ac.in/homestudy/humanities
- 3. https://egyankosh.ac.in/handle/123456789/4448

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	Part A: Introduction			
Program: M.A.		Semester: IV Year: Second Year w.e.f.:2024-2025		
1.	Course Code	PSYT405 (PAPER I) (OPTIONAL) Group B		
2.	Course Title	EDUCATIONAL INSTRUCTIONAL PSYCHOLOGY II		
3.	Course Type	Theory		
4.	Pre- requisite (if any)			
5.	Course Learning. Outcomes (CLO)	At the end of this course, the students will be able to:  Understand the interface between education and Psychology.  Understand the way that educators motivate the students to learn and strive for excellence  Explore ways that educators manage the learning environment to maximize learning and social cohesion.  Describe the developmental issues faced by school age children,  Describe the challenges presented by children,  with ability differences.  Explain the role of motivation on Learning classroom behaviour.  Describe classroom management technique		
6. 7.	Credit Value Total Marks	04   Internal Marks: 20   External Marks: 80   Min Passing Marks: 36		

	Part B: Content of the Course				
Unit	Topics	Total Hours			
Ţ	Effective Teaching and Classroom Management Planning and setting objectives for Teaching, Characteristics of effective teachers.	12			
	Teaching methods instruction lecturing and explaining, questioning, student centred teaching class room management and teaching in small groups: The discussion method and cooperative learning. computer- assisted instruction.	12			
Ш	Exceptionality and social education: Categories of exceptionality, labelling and educational relevance Physically disabled students, students with cognitive disabilities, brain dysfunction and communication disorders.	12			
IV	Students with emotional and behavioural disorder. Attention deficit disorder (Add). Attentional Deficit Hyperactive Disorder (ADHD). Gifted and talented students. Intervention and special education for various forms of exceptionality, mainstreaming:				



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Educational Assessment Measurement and evaluation (Norm, reference, criteria referenced tests). Test scores meaning and types, standardized test Meaning Types and interpretation Classroom assessment and grading: Techniques of Classroom evaluation observation, questionnaire.

12

Signature

### Part C - Learning Resource

Text Books, Reference Books, E-Resources

#### TextBooks&ReferenceBooks:

- 1. DeSecco, J.P.& Croford, W.R. The Psychology of Learning and Instruction, New Delhi.

  Prentice Hall
- 2. Ellis, R.S.: Educational Psychology, A Problem approaches affiliated, New Delhi, easeWest Press.
- 3. Bruce & Marshvll: Models of Teaching (2ndEd.) 1980.
- 4. Travers, J.F.: Educational Psychology (2ndEd.) 1979.
- 5. Woolbtk, A.E. (1995). Educational Psychology (6thEd.) Allya & Bacon, Londan/Boston.
- Gage, N.L. & Berliner (1998). Education of Psychology (6th Ed.), Hought Miffir, New Yark.
- 7. Axrual Review (2006), Vol57, P487-
- 8. Sharma R.A.(2007). Advance Educational Technology, Revised Edition International Publishing House P 25-42, 43-65, 66-668
- 9. Mohan, A.J. (2003) Educational Psychology, Neel Kamal Publications

#### E-Resources:

- 1. https://epgp.inflibnet.ac.in/Home
- 2. https://ndl.iitkgp.ac.in/homestudy/humanities
- 3. https://egyankosh.ac.in/handle/123456789/4448

#### Members of Board of Studies

Name College Name 1. Dr. Awantika Kaushil Govt, E.V.P.G. College, Korba Chairperson Govt. Bilasa Girls' P.G. (Auto.), College, Bilaspur 2. Dr. Manjary Sharma Member 3. Dr. Lalita Sahu Govt. Mata Sabri Naveen Girls' P.G. College, Bilaspur Member 4. Dr. Balraj Motwani D.P.Vipra College, Bîlaspur Member 5. Dr. Suchi Choudhari D.P.Vipra College, Bilaspur Member



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	Part A: Introduction			
Program: M.A.		Semester: IV	Year:Second Year	w.e.f.:202 2025
1.	Course Code	PSYT406 (PAPER II) (OPTIONAL) Group B		ONAL) Group B
2.	Course Title	BASIC OF P	SYCHOLOGICAL COUNSELLING	GUIDANCE AND II
3.	Course Type		Theory	
4.	Pre-requisite (if any)	•		
5.	Course Learning. Outcomes (CLO)	<ul> <li>and counseling</li> <li>Understand the in different typ</li> <li>Know the use of guidance and conselection of go</li> <li>Understand skin</li> <li>Understand the</li> </ul>	e concepts, need and to five framework and propers. of institutions. of tools and technique counseling Services. Incepts of psychological tests.	view-points about guidance cedure of guidance-services es require for providing cal appraisal and criteria of
<u>6.</u>	Credit Value	04	· · · · · · · · · · · · · · · · · · ·	
7.	Total Marks	Internal Marks: 20 Min Passing Marks: 36 External Marks: 80		

Part B: Content of the Course				
Unit	Topics	Total Hours		
1	Nature, Need and Functions of Counselling. Counselling and Psychotherapy. Intervention, Goal and objectives of Counselling.	12		
II	Techniques of Appraising the client: Standardized Techniques, Intelligence, Personality, Aptitude and Interest Interview.	12		
m	Approaches of Counselling Directive, Non-directive, Eclectic. Individual and group counselling. Evaluation of counselling. Follow up and placement services.	12		
IV.	Characteristics ofagoodCounsellor.Counsellors,Training, Issues and trends in guidance and counselling. Ethical standards.	12		
V	Special areas of Guidance and Counselling Marital, Family Counselling for the pre-school and elementary school children adolescent.	12		



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### Part C - Learning Resource

Text Books, Reference Books, E-Resources

#### Text Books & Reference Books:

- 1. Anastasi, A. & Lewis, E. (1970). Counselling Psychology, New York, Holi Rinehart and Winstering
- 2. Harson, J.C. (1978). Counselling Processes and Procedures. New York,
- 3. Narayan, R.(1981). Counselling Psychology, New Delhi, Tata McGraw Hill.
- 4. Kemp, C.G. (1970). Foundations of group counselling. New York, McGraw Hill.
- 5. Lewis, E.C. (1970). Counselling Psychology, New York, Holt Rinehartand Winster, Inc.
- 6. Steffler, B. (Ed.) (1965). Theories of counselling, New York, McGraw Hill Book Co.
- 7. Warters, J. (1964). Techniques of counselling, New York, McGraw Hill Book Co.
- 8. Rappaport, D., Gill, M.M. & Schafer, R. (1968). Diagnostic Psychological testing. (Revised edition, edited by Holt, R.R.) New York, International Universities Press.

#### E-Resources:

- 1. https://epgp.inflibnet.ac.in/Home
- 2. https://ndl.iitkgp.ac.in/homestudy/humanities
- 3. https://egyankosh.ac.in/handle/123456789/4448

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	Part A: Introduction			
Program: M.A. Semester: IV Year: Second Year w.e.f.: 2026-2025			ond Year w.e.f.: 2024-2025	
1.	Course Code	PSYT407 (PAPER I	(OPTIONAL) Group C	
2.	Course Title	CLINICAL DIGNOSIS AND COMMUNITY MENTAL HEALTH- II		
3.	Course Type	T	heory	
4.	Pre-requisite (If any)	-		
5.	Course Learning. Outcomes (CLO)	<ul> <li>At the end of this course, the students will be able to:</li> <li>Develop their applied aspect about human behaviour and can be helpful for societyand social organization.</li> <li>Aware of human relationship habits strength and motive for the purpose of good manner.</li> </ul>		
6.	Credit Value	04		
7.	Total Marks	Internal Marks: 20 External Marks: 80	Min Passing Marks:36	

Part B: Content of the Course						
Unit	Jnit Topics					
1	Clinical assessment basic principle, psychometric tests: MMPI, WAIS & WISC	12				
11	Projective test: characteristics and clinical use, Rorschach & TAT	12				
III	Neuro-psychological examination: approaches Halsted neuro- psychological test battery, Luria Nebraska Battery use of Bender Gestall & Wescher scale in neuro in neuro psychological testing.	12				
ΙV	Community Psychology: History and Perspectives of community psychology.	12				
V	Community Psychology Social Interventions Methods and Strategies	12				



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#### Part C - Learning Resource

Text Books, Reference Books, E-Resources

#### Text Books & Reference Books:

- Scope, I., Block, B.L.& Spieberger, C.D.(eds) (1977). Community Psychology perspective in training and research. NY Appleton.
- 2. Mann, A.P. (1978). Community psychology. Concept and application free press.
- 3. Rappaport J.(1977). Community psychology: Values, Research and action. NY holt Rinehart.
- 4. Korchin, S. (1978). Modern Clinical Psychology. Harper and row
- 5. Wolman, B.B. (ed)(1972). Handbook of clinical psychology McGraw hill.

#### E-Resources:

- 1. https://epgp.inflibnet.ac.in/Home
- 2. https://ndl.iitkgp.ac.in/homestudy/humanities
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Part A: Introduction					
Pro	ogram: M.A.	Semester: IV Year: Se	cond Year w.e.f.;2024-2025		
1.	Course Code	PSYT408 (PAPERI	I)(OPTIONAL) Group C		
2.	Course Title	PSYCHOTHERAPE	PSYCHOTHERAPEUTIC COUNSELLING-II		
3.	Course Type	Theory			
4.	Pre-requisite (if any)	-			
5.	Course Learning. Outcomes (CLO)	<ul> <li>At the end of this course, the students will be able to:</li> <li>Understand the purpose of Counseling and practice of Counseling ethically following different approaches.</li> <li>Understand the basics of Counseling process and use them for counseling students, families, couples, distressed and handicaps.</li> <li>professional behaviour in their various roles as Counseling psychology</li> </ul>			
6.	Credit Value	04			
7.	Total Marks	Internal Marks: 20 External Marks: 80	Min Passing Marks:36		

Part B: Content of the Course				
Unit	Topics	Total Hours		
I	Methods for preventing problems and developing resourcefulness: Training family members, siblings as behaviour change agents, Maintenance of parenting. Development of academic skills Teaching study skills to adults, improving study behaviour through self- control technique.			
II	Assertiveness Training, Developing Assertive Behaviour through Converts Modelling. Personal Appearance, Improving client's grooming.	12		
Ш	Methods for Promoting Wise Decision Making: With Children, Career Decision Making Evaluation of Problem-Solving Competence.	12		
IV.	Social Interaction: Conversational Skills, Weight: Control: Psychological techniques, improving Physical Fitness, Cardiovascular Problems: Psychological prevention.			
V	Drug Abuse: Drug abuse perception Reinforcement for alternatives Peer Counselling: Peer Guidance program and behavioral interventions, Counsellor Accountability System.	12		



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#### Part C - Learning Resource

Text Books, Reference Books, E-Resources

#### TextBooks&ReferenceBooks:

- 1. Carson & Butcher: Abnormal Psychology and modern life.
- 2. Wolpe, R. & Dryden, W. (eds) (1996). Handbook of counselling psychology, New Delhi
- 3. Woolberg, L.R. (1998). The Techniques of Psychotherapy, Barcour Brace Groune and stration.
- 4. Toukimarian, S.G. & Rennie D.C. (1992). Psychotherapy Process and Research, Sage
- 5. Gelso; C.J.& Fretz, B.R. (1995). Counselling Psychology. Bangalore. Prism Books Ltd.
- 6. Abate, L.& Milan, M.A.(ed.) (1985). Handbook of social skill training & Research, New York: John Wiley & Sons.
- 7. Gorey, G. (1986). Theory and Practices of Counselling and Psychotherapy. Montery California, books coley publishing.
- 8. Adelson, D. & Kalis, B.L. (1970). Community Psychology and Mental Health, Perspectives Seanto.
- 9. Mann.A.P.(1978). Community Psychology. Concepts and applications, Free Press.
- 10. Iscoe, B., Block, B.L. & Spielberger, C.D.(eds.)(1977).Community

Psychology: Perspectives in training and research N.Y.: Appleton.

### E-Resources:

- 1. https://epgp.inflibnet.ac.in/Home
- 2. <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a>
- 3. https://egyankosh.ac.in/handle/123456789/4448

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	Part A: Introduction					
Pro	ogram: M.A.		Semester: IV	Year:Second Y	Zear	w.e.f.:2024-2025
1.	Course Code			PSYP401(PA	PERI	II)
2,	Course Title			PRACTIO	CUM	
3.	Course Type			Practical (COM	PULS	ORY)
4.	Prerequisite (If any)			- Manual growth and the second and t	20 PA	
5.	<ul> <li>Course Learning.         Outcomes (CLO)</li> <li>At the end of this course, the students will be able to:         <ul> <li>To make student understand of practical knowledge expanding Experimental Psychology.</li> </ul> </li> <li>Require for students Developed New concepts and developm practical skills.</li> <li>The scientific approaches develop through laboratory work us to the daily life in behaviour.</li> </ul>		al knowledge expanding of oncepts and developmental			
6.	Credit Value	04	1			
7.	Total Marks	Ext	ernal Marks: 10	7 00	Min Pa	ssing Marks:33

Part B: Content of the Course Unit   Topics   Total Hours					
and the second s	Field Study:  This part of the practical paper comprises of completion of two field studies, one from the area of compulsory papers and another from the area of optional papers of the special group under the supervision of a concern teacher	120			
A.	Area of compulsory paper				
1	Cross Sectional Studies				
2	Old age Problems				
3	Gender Issues				
4	Social Issues				
5	Any other Topics suggested by concern Teacher				
В.	Fifteen days Internship from any RCI registered clinics, Mental H Psychiatric Department	lospital or			



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### Part C - Learning Resource

TextBooks, ReferenceBooks, E-Resources

### TextBooks:

- 1- त्रिपाठी, ला.ब. एवं अन्य (2001). अधुनिकप्रायोगिकमनोविज्ञान। आगरा:हरप्रसाद भार्गव।
- 2- Suggestive digital platforms web links- <a href="http://heecontent.upsdc.gov.irr">http://heecontent.upsdc.gov.irr</a> Home.aspx, www.psytoolkit.org

#### **E-Resources:**

- 1. https://epgp.inflibnet.ac.in/Home
- 2. https://ndl.iitkgp.ac.in/homestudy/humanities
- 3. https://egyankosh.ac.in/handle/123456789/4448

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